

Sex and Relationships Education (S.R.E)

at



The Forest View Academy

Outline of meeting



1. Rationale - Why?



2. How we will deliver SRE lessons at Forest View



3. Resources and discussion with teachers.

- **WHY do we need Sex and Relationship Education at Forest View?**

'Good quality SRE promotes the core values of respect, love and care. It also provides the opportunity for children and young people to reflect on their own attitudes and beliefs, and those of their peers and others.'

Sex Education forum

And....

'Inclusive SRE will foster good relations between pupils, tackle all types of prejudice - including homophobia - and promote understanding and respect.'

Sex Education Forum Guide

Science -Government
Requirements for
schools

Through the statutory National Curriculum requirements for Science children are required to learn:

Key Stage 2 Science

That life processes common to humans and other animals include nutrition, growth and reproduction

The main stages of the human life cycle

**Summary - Human reproduction is part of the Science curriculum
(Statutory requirement)**

P.S.H.E –
Government
statutory
requirements
for schools
from Sept
2020

Children need to:

- Develop confidence and responsibilities to make the most of their abilities
- Develop a healthy, safer lifestyle
- Develop good relationships and respect the differences between people

SRE at Forest View

- We have been providing an SRE curriculum at Forest View since 2016.
- We review our delivery and consult with parents regularly.



Rationale

- At Forest View Academy we believe that the essential aim of sex and relationships education should be to provide pupils with the knowledge and skills to enable them to make informed and responsible choices in later life, emphasising the benefits of a healthy lifestyle.
- We believe that sex and relationships education should contribute to promoting the spiritual, moral, cultural, mental and physical development of pupils at school and of society and preparing pupils for the opportunities, responsibilities and experiences of adult life.
- We also believe that sex and relationships education should be taught within a climate of trust, respect and appropriate confidentiality, in which pupils and adults feel able to talk openly and honestly.

Aims and objectives:

- To provide a secure, sensitive and caring framework where learning and discussion can take place.
- To provide information which is easy to understand, relevant and appropriate for the needs, age and maturity of the pupils.
- Encourage the use of correct vocabulary.
- To foster selfworth and awareness, together with a sense of moral responsibility.
- To help the children to acquire and practice important life skills such as critical thinking, decision making, communication and assertiveness.
- To ensure that sex education is available to all children regardless of gender, ability, cultural or religious background in line with school policy and the Equality Act 2010.

WHAT do we plan to deliver at Forest View?

- A set of lessons in each year group that fulfil the requirements of the PSHE strand of the National Curriculum.
- This will include objectives from year 3-6 curriculum guidance .



Friendships

Year 3



PSHE
ASSOCIATION

Learning objectives:

- ☑ Learning about friendship, including why it is important and what makes a good friend.
- ☑ Learning about how to maintain good friendships and about solving disagreements and conflicts with peers.

| | |
|---------------|--|
| Recognising | Recognising the different types of relationships, including friendships, that might be important to people (e.g. family, friends, groups to which they belong, neighbours) |
| Explaining | Explaining why friendship and having friends is valuable |
| Describing | Describing how friends show they care for and value each other |
| Evaluating | Evaluating what is most important in a friendship |
| Identifying | Identifying what helps maintain friendships |
| Describing | Describing feelings when disagreements and conflict occur |
| Identifying | Identifying what can help and not help if there are friendship problems |
| Demonstrating | Demonstrating strategies for solving arguments with peers |

Changes during Puberty

Y4 & 5

PSHE
ASSOCIATION



Learning objectives:

- ☑ **We are learning about the physical, biological and emotional changes that happen during puberty**
- ☑ **We are learning about the importance of personal hygiene during puberty**
 - Recognising what puberty is, including when and why it happens
 - Identifying some physical changes that happen to bodies during puberty
 - Using scientific vocabulary for external male and female body parts

Puberty recap

Y6

PSHE
ASSOCIATION



Learning objectives:

☑ We are learning about the changes that happen during puberty (recap from Y4-5)

☑ We are learning about managing change and becoming more independent

☑ We are learning about positive, healthy relationships

☑ We are learning about how a baby is made

- Describing the physical and emotional changes that occur during puberty and suggest ways to manage them
- Identify what is important for young people to know about puberty and where to find help and support for worries
- Identifying different kinds of loving relationships the qualities that enable these relationships to flourish
- Explain the importance of mutual respect in close relationships
- Recognising how relationships may change or end and what can help to manage this
- Describing some of the features of loving relationships
- Explaining what is meant by consent in a relationship
- Explaining what pregnancy means, how long it lasts, and where it occurs



Any
Questions?

We would encourage you to discuss these sessions with your child.

Your child's Class Teachers and Mrs Harrison are all available to discuss and answer any questions you may have.