



Week Commencing 03.01.22

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Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	OPTION 1	OPTION 1	OPTION 1	OPTION 1
BANK HOLIDAY	Roast Chicken and Stuffing Carrots, Broccoli & Roast Potatoes	Pasta Bake Peas & Garlic Bread Gluten, Sesame Seed	Sausage, Beans & Mashed Potato Soybean, Cereal, Wheat, Milk	Fish, Peas, Beans or Sweetcorn & Chips Fish
OPTION 2	OPTION 2	OPTION 2	OPTION 2	OPTION 2
BANK HOLIDAY	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard
OPTION 3	OPTION 3	OPTION 3	OPTION 3	OPTION 3
BANK HOLIDAY	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten
DESSERT				
	Rice Pudding Milk	Jelly & Cream Milk	Fruit Crumble with Custard Gluten, Milk	Banana Bread Gluten, Eggs

Allergens in Red

Fresh fruit and yoghurt available every day



THE FOREST VIEW



Week Commencing 10.01.22

Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	OPTION 1	OPTION 1	OPTION 1	OPTION 1
All Day Breakfast with Beans or Tomatoes, Hash Brown & Toast <i>Soybean, Cereal, Wheat, Milk, Gluten, Palm Oil</i>	Roast Gammon and Stuffing Carrots, Cabbage & Roast Potatoes <i>Gluten</i>	Burger in a Bun With Salad, Wedges & Tomato Sauce <i>Gluten</i>	Sausage, Beans & Mashed Potato <i>Soybean, Cereal, Wheat, Milk</i>	Fish, Peas, Beans or Sweetcorn & Chips <i>Fish</i>
OPTION 2	OPTION 2	OPTION 2	OPTION 2	OPTION 2
Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Mustard</i>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <i>Milk, Cereal, Egg, Mustard</i>
OPTION 3	OPTION 3	OPTION 3	OPTION 3	OPTION 3
Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Mustard, Milk, Gluten</i>	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Mustard, Milk, Gluten</i>	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Mustard, Milk, Gluten</i>	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Mustard, Milk, Gluten</i>	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <i>Mustard, Milk, Gluten</i>
DESSERT				
Chocolate Chip Muffin <i>Eggs, Gluten</i>	Iced Chocolate Shortcake <i>Milk, Gluten</i>	Cheese Cake <i>Milk, Gluten</i>	Butterscotch Tart <i>Gluten, Milk</i>	Raspberry & White Chocolate Tray Bake <i>Gluten, Eggs, Milk</i>

Allergens in Red

Fresh fruit and yoghurt available every day



Week Commencing 17.01.22

Week Commencing 17.01.22				
Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	OPTION 1	OPTION 1	OPTION 1	OPTION 1
Beef Stew & Yorkshire Puddings Cabbage & Herby Potatoes Gluten	Roast Chicken, Carrots, Cauliflower & Roast Potatoes	Pasta Bake, Peas & ½ Petit Pan Gluten	Sausage, Beans & Mashed Potato Soybean, Cereal, Wheat, Milk	Fish, Peas, Beans or Sweetcorn & Chips Fish
OPTION 2	OPTION 2	OPTION 2	OPTION 2	OPTION 2
Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard
OPTION 3	OPTION 3	OPTION 3	OPTION 3	OPTION 3
Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten
DESSERT				
Fudge Slice Gluten	Sprinkle Cake Gluten	Angel Delight with a Biscuit Milk, Gluten	Bakewell Tart & Custard Gluten, Eggs, Milk	Oatie Cookie Gluten

Allergens in Red

Fresh fruit and yoghurt available every day



Week Commencing 24.01.22

Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	OPTION 1	OPTION 1	OPTION 1	OPTION 1
Spaghetti Bolognese with Peas and Garlic Bread Gluten, Sesame Seed, Milk	Roast Pork & Stuffing, Carrots, Broccoli & Roast Potatoes Cereal, Wheat	Minced Beef & Veg Pie With Seasonal Veg & Herby Potatoes Gluten	Sausage, Beans & Mashed Potato Soybean, Cereal, Wheat, Milk	Fish, Peas, Beans or Sweetcorn & Chips Fish
OPTION 2	OPTION 2	OPTION 2	OPTION 2	OPTION 2
Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard
OPTION 3	OPTION 3	OPTION 3	OPTION 3	OPTION 3
Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten
DESSERT				
Rice Crispie Cake Milk	Cornflake Tart & Custard Gluten, Wheat, Milk	Fresh Fruit	Iced Buns Sesame Seed, Cereal, Wheat, Milk	Banana Bread Gluten, Eggs, Milk

Allergens in Red

Fresh fruit and yoghurt available every day



Week Commencing 31.01.22

Week Commencing 31.01.22				
Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	OPTION 1	OPTION 1	OPTION 1	OPTION 1
Sweet & Sour Chicken, Green Beans, Rice & ½ Petit Pan Gluten	Roast Beef & Yorkshire Pudding, Carrots, Cauliflower & Roast Potatoes Eggs, Milk, Cereal, Wheat	Pasta Bake, Peas & Garlic Bread Gluten, Milk, Sesame Seed	Sausage, Beans & Mashed Potato S Soybean, Cereal, Wheat, Milk	Fish, Peas, Beans or Sweetcorn & Chips Fish
OPTION 2	OPTION 2	OPTION 2	OPTION 2	OPTION 2
Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo Milk, Cereal, Egg, Mustard
OPTION 3	OPTION 3	OPTION 3	OPTION 3	OPTION 3
Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake Mustard, Milk, Gluten
DESSERT				
Oatie Cookie Gluten	Buffalo Sponge Gluten, Eggs	Jelly & Fruit with Cream Milk	Banana & Custard Milk	Ice Cream & Shortbread Gluten, Milk

Allergens in Red

Fresh fruit and yoghurt available every day



Week Commencing 07.02.22

Week Commencing 07.02.22				
Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	OPTION 1	OPTION 1	OPTION 1	OPTION 1
Beef Chilli, Corn on the Cob, ½ Rice, ½ Tortilla & Chips	Roast Chicken, Carrots, Cabbage & Roast Potatoes	Homemade Pork Meatballs, Peas, ½ Pasta, ½ Peti Pan <small>Gluten, Eggs</small>	Sausage, Beans & Mashed Potato <small>Soybean, Cereal, Wheat, Milk</small>	Fish, Peas, Beans or Sweetcorn & Chips <small>Fish</small>
OPTION 2	OPTION 2	OPTION 2	OPTION 2	OPTION 2
Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <small>Milk, Cereal, Egg, Mustard</small>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <small>Milk, Cereal, Egg, Mustard</small>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <small>Milk, Cereal, Egg, Mustard</small>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <small>Milk, Cereal, Egg, Mustard</small>	Jacket Potato with a choice of Beans/Cheese or Tuna Mayo <small>Milk, Cereal, Egg, Mustard</small>
OPTION 3	OPTION 3	OPTION 3	OPTION 3	OPTION 3
Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <small>Mustard, Milk, Gluten</small>	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <small>Mustard, Milk, Gluten</small>	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <small>Mustard, Milk, Gluten</small>	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <small>Mustard, Milk, Gluten</small>	Cheese, Tuna or Ham Sandwich Side Salad or Crunchy Sticks Fruit, Yoghurt, Biscuit or Cake <small>Mustard, Milk, Gluten</small>
DESSERT				
Chocolate Brownies <small>Milk</small>	Bakewell Tart <small>Gluten, Eggs</small>	Fresh Fruit	Butterscotch Tart <small>Milk, Gluten</small>	Flapjack <small>Cereal, Oats</small>

Allergens in Red

Fresh fruit and yoghurt available every day



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